



**Lewis-Manning**  
Hospice Care

## **JOB DESCRIPTION/ PERSON SPECIFICATION**

<b>Job Title</b>	'Better Breathing' Physiotherapist/Nurse Specialist
<b>Location</b>	Lewis-Manning Hospice Care, 56 Longfleet Road, Poole, Dorset, BH15 2JD. Travel to satellite clinics in Swanage, Wareham and Wimborne on a regular basis.
<b>Accountable to:</b>	Director of Clinical Services
<b>Reporting to:</b>	Director of Clinical Services

<b>Job Context</b>	<p>Lewis-Manning Hospice Care supports those living with cancer and other life-limiting illnesses and their carers. We are moving to a more central location in Longfleet Road, Poole this summer. We currently offer a day hospice, a lymphoedema service to over 600 local people per year and are expanding and developing our better breathing service.</p> <p>Our exciting new 5 year strategy aims to bring care 'closer to home' in order to serve more patients especially in more rural areas, by opening satellite Day Hospice and clinics in Swanage, Wareham and Wimborne as well as central Poole. We also intend to develop a 'hospice at home' service.</p> <p>The 'Better Breathing' clinic has been functioning for some years now and we would like to expand and develop the role, working closer with the integrated community teams and our satellite service, seeing patients earlier in their trajectory in order to have maximum impact on their quality of life.</p> <p>The post holder will be leading on this development, liaising with community physicians and respiratory lead nurses in the community. Lewis-Manning Day Hospice offers holistic care to local people living with cancer and other life-limiting illnesses and support for their carers.</p>
--------------------	--

<b>Job Purpose</b>	The purpose of post in the 'Better Breathing' clinic is to empower patients with respiratory problems caused by cancer or COPD, or other life threatening pulmonary condition, working with them to develop strategies that enable them to manage breathlessness and related symptoms for an improved quality of life
--------------------	---

	<ul style="list-style-type: none"> <li>• To act as a professional resource for patients, their carers and the multi professional team</li> <li>• To teach/support individual patients and groups in the management of their symptoms</li> <li>• To assess and treat patients, using a non-pharmacological approach to manage breathlessness and other inter-related symptoms, resulting from cancer and other life-limiting conditions.</li> </ul> <p>To work closely with other respiratory services in the community</p>
--	--

## **Job Responsibilities:**

### **Service Development and Research**

- Work together with Director of Clinical Services, respiratory leads in GP surgeries, respiratory physicians, community matrons and the wider integrated community teams in Poole and Purbecks to identify needs and gaps in the current community respiratory service.
- Liaise with other respiratory services which provide non pharmacological, care for palliative patients and pulmonary rehabilitation.
- Identify ways of increasing referrals to the service in a way to ensure patients are referred in a timely way ie early enough to make a supportive impact on patients being able to manage their breathlessness.
- Establish education groups and other ways of reaching more patients earlier in their disease – eg exercise groups
- Design and implement audit in collaboration with Director of Clinical Services
- Undertake searches of evidence-based literature to aid the development of the service

### **Clinical**

- Use skills and evidence-based knowledge to conduct research based respiratory and holistic assessments of patients experiencing breathlessness and inter-related symptoms
- Develop evidenced based care plans, involving the non-pharmacological management of breathlessness and related symptoms.
- Work with the patient to establish a care plan with the aim of empowering patients to live and behave autonomously, and avoid unnecessary hospital admissions
- Undertake therapeutic non-pharmacological interventions, related to patient need
- Support and educate patients and carers in a range of activities, with the aim of enabling them to develop coping strategies

- Reinforce information given with evidence-based, written resources, such as those produced by Macmillan and the British Lung Foundation
- Provide on-going telephone support as required
- Refer on to other health and social care agencies as necessary to support patients' on-going care needs and self management
- Liaise throughout the clinic period, from referral onwards with the patients' key workers and other relevant members of wider MDTs
- Attend team meetings to disseminate information regarding the work carried out by the Better Breathing Clinic
- Participate in the trust's Clinical Governance program as required
- Contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes.
- Maintain the highest standards of clinical record-keeping, including electronic data entry, recording and report-writing, in accordance with LM's policies and procedures and professional guidelines

### **Operational Management**

- Responsible, with the Director of Clinical Services, for the planning and implementation of the satellite Better Breathing Clinics
- Produce and maintain accurate records of patient interactions according to LMT and NMC/Health Care Professional guidelines
- Process, monitor and maintain accurate records of new referrals
- Ensure referral criteria are in place and reviewed annually
- Produce and maintain monthly and annual statistics and review on a regular basis with Director of clinical services

### **Teaching, Training and Supervision**

- Participate in regular managerial supervision with Director of Clinical Services
- Develop and maintain relevant up to date skills and knowledge
- Maintain awareness of latest, relevant clinical guidelines and research. Relay pertinent information to colleagues
- Deliver training to colleagues, wider teams and patient groups on the non-pharmacological management of symptoms
- Participate in mandatory training according to LMHC and professional regulation
- Teaching of patient groups and individuals

### **Professional**

- Act within the NMC Code of Conduct/HPCPC charter and pursue own professional and personal development

- Ensure own professional registration with the NMC/ Chartered Society of Physiotherapists
- Ensure the services offered are evidence-based and clinically evaluated
- Use specialist knowledge in order to encourage innovation and development of LMHC as a centre of excellence
- Participate in research appropriate to the service

All staff are required to participate in fire lectures and to know what action to take in the event of a fire.

All staff are required to attend annual mandatory training and in-service training.

As part of this role the post holder may come into contact with bodily fluids (eg. blood, sputum, urine, etc.) on a daily basis during the course of their work.

The post holder may be involved in significant lifting and manual handling of patients, given the nature of their diagnosis and subsequent treatment

### **Health and Safety**

It is the responsibility of all staff to:

- Take reasonable care for the Health and Safety of themselves, colleagues, patients and visitors
- Report (without delay) any accidents, incidents, near-miss events, risks, faults or defects
- Use all work equipment (medical devices, dangerous substances, machinery, transport, means of production, and safety equipment) in accordance with training and instructions provided
- Not use such items or equipment unless they have received appropriate information and training

### **Data Protection Act 1998**

The 1998 Act establishes a set of principles with which users of personal information must comply. It imposes a new duty to “process” information fairly and lawfully. “Process” has a wider definition which covers obtaining, holding, recording information and any other operation including the disclosure of information.

It is the responsibility of each member of staff to ensure that all computerised/manual personal information relating to patients or other members of staff to which he/she has access in the course of employments, is regarded as **STRICTLY CONFIDENTIAL**.

As part of our recruitment procedure, this post will be subject to a criminal record disclosure. A Disclosure is a document containing information held by the police and government departments. Disclosures provide details of a person’s criminal record, including convictions, cautions, reprimands and warnings held on the Police National

Computer. Where the position involves working with children, Disclosures will also contain details from lists held by the Department of Health (DH) and the Department for Education and Skills (DfES) of those considered unsuitable for this type of work.

**This is an outline job description and may be subject to change, according to the needs of the service, in consultation with the post holder. A job description review will automatically take place as part of the annual appraisal.**

**Post:** 'Better Breathing' Physiotherapist/Nurse Specialist

**Department:** Clinical

	<b>Essential</b>	<b>Desirable</b>
<b>Qualifications Training and Knowledge</b>	<ul style="list-style-type: none"> <li>• RN or Physiotherapy degree</li> <li>• HCPC/Chartered Society of Physiotherapist registration</li> <li>• Evidence of continuous professional development</li> <li>• Post registration knowledge and training in respiratory, physiology and practice</li> <li>• Understanding of the non pharmacological approach to management of breathlessness</li> <li>• Understanding of the processes of rehabilitation and social inclusion</li> </ul>	<ul style="list-style-type: none"> <li>• Advanced communication Skills Training course (or equivalent).</li> <li>• Knowledge/training in palliative care</li> <li>• Post graduate qualification/training in relevant areas of respiratory conditions and breathlessness management</li> <li>• Training in basic non pharmacological approach, counselling skills, motivational interviewing</li> </ul>
<b>Experience</b>	<ul style="list-style-type: none"> <li>• Minimum of five years post registration experience.</li> <li>• Experience in working as part of a multidisciplinary team.</li> <li>• Awareness of national initiatives in palliative respiratory care</li> <li>• Experience in development of services.</li> <li>• Experience of teaching patient groups and one to ones</li> <li>• Community experience and understanding of community services.</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge in a range of palliative care oncology, neurology and respiratory conditions.</li> <li>• Experience in working in isolation.</li> <li>• Management experience</li> </ul>
<b>Skills</b>	<ul style="list-style-type: none"> <li>• Ability to work with a wider community team in order to develop appropriate services.               <ul style="list-style-type: none"> <li>• Ability to work both individually and in group setting</li> <li>• High level of written and verbal communication skills</li> <li>• Physical examination</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"><li>• Ability to communicate sensitive information in a way that addresses psychological emotions, anxieties and barriers</li><li>• Project management.</li><li>• Analysis of complex facts and situations across a wide range of patient conditions.</li><li>• Evidence of commitment to ongoing CPD.</li><li>• Excellent communication and interpersonal skills.</li><li>• Planning and organising own workload</li><li>• IT skills enabling the ability to communicate electronically in a wide range of situations.</li><li>• Able to monitor equipment used when treating patients.</li><li>• Ability to make use of clinical supervision</li><li>• Ability to travel to satellite centres.</li></ul>	
--	--	--